

CATCH Kids Club All Site Survey

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CATCH Kids Club All Site Survey Draft

Page 1 - Heading

This survey is meant to help NH CATCH Kids Club identify successes and challenges in the implementation of CATCH Kids Club and to identify opportunities to support your efforts to promote healthy living among the children in your out-of-school program.
It will ask you a series of questions about physical activity and nutrition promotion in your program as well as your current and former use of CATCH Kids Club. It should take you not more than 10 minutes to complete the survey.
Results will be used to guide future technical assistance and resources for NH CATCH Kids Club sites.
Thank you in advance for your time.

Page 2 - Question 1 - Choice - One Answer (Drop Down)

[Mandatory]

What is the name of your afterschool site?

- Andover Elementary School
- Belmont Recreation
- Bluff School: Claremont Family-School Connections
- Concord Boys & Girls Club
- Derry Boys & Girls Club
- Derry Extended Day Program: Derry Village Elementary
- Derry Extended Day Program: E.P. Barka Elementary
- Derry Extended Day Program: Grinell Elementary
- East Derry Memorial School
- Franklin Recreation
- Freedom Elementary
- Garrison Elementary
- Gilford Summer Program
- Hillsborough- Deering 21C After School Program
- Hindsdale After School Program, Hindsdale School
- Horne Street Elementary
- Jaffery Recreation
- K.A. Brett School
- Keene Parks and Recreation
- Laconia Parks and Recreation
- Lakes Region Boys & Girls Club
- Lakes Region Child Care Center-After School Progs: Belmont Elementary
- Lakes Region Child Care Center-After School Progs: Elm Street Elementary
- Lakes Region Child Care Center-After School Progs: Pleasant Street Elementary
- Lakes Region Child Care Center-After School Progs: Woodland Heights Elementary
- Lebanon Recreation and Parks
- Lincoln & Woodstock Recreation Department
- Madison Elementary
- Manchester Boys and Girls Club
- Manchester YMCA After School Programs: Beech Street School

- Manchester YMCA After School Programs: Goffstown After School and Kindergarten
- Manchester YMCA After School Programs: Green Acres
- Manchester YMCA After School Programs: Manchester Pre-School and Kindergarten
- Manchester YMCA After School Programs: SEE Science Center
- Manchester YMCA After School Programs: Webster Elementary School
- Manchester YMCA After School Programs: Weston Elementary School
- Manchester YMCA After School Programs: Wilson Street School
- Maple Ave School: Claremont Family-School Connections
- Meredith Community Center- Parks and Recreation
- Moultonboro Recreation
- Nashua 21C After School Programs: Amherst Street Elementary
- Nashua 21C After School Programs: Dr. Crisp Elementary
- Nashua 21C After School Programs: Fairgrounds Elementary
- Nashua 21C After School Programs: Ledge Street Elementary
- Nashua 21C After School Programs: Mount Pleasant Elementary
- Nashua Adventure Club After School Programs: Broad Street Elementary
- Nashua Adventure Club After School Programs: Charlotte Ave Elementary
- Nashua Adventure Club After School Programs: Dr. Crisp Elementary
- Nashua Adventure Club After School Programs: Mount Pleasant Elementary
- New Horizons
- Northern Elementary Schools Access
- Ossipee Crossings Child Care Center
- Ossipee Recreation
- Paul Smith Elementary School (through Casey Family Services)
- Penacook Community Center
- Peterborough 5-2-1-0 After School Program
- Peterborough Recreation Department
- The Pines Community Center
- Pleasant St School- 4th Grade
- Project Succeed: Conway Elementary
- Project Succeed: John Fuller Elementary
- Project Succeed: Pine Tree Elementary
- Rindge Elementary School
- Rindge Recreation Department
- Rye Recreation Department
- Sant Bani School- PE
- School's Out! at Ossipee Central School
- Somersworth Youth Safe Haven
- Spaulding Youth Center (private- not open to public)
- Tapply Thompson Community Center
- Troy Access- No Child Left Alone Program, Troy Elementary
- Winchester Access- Winchester School
- Woodman Park Elementary
- YMCA of Greater Londonderry: Matthew Thornton School
- YMCA of Greater Londonderry: North School
- YMCA of Greater Londonderry: South School
- YMCA of Greater Nashua
- OTHER

Is physical activity included in your program's overall mission and/or goals?

- Yes

No

Page 2 - Question 3 - Yes or No

[Mandatory]

Is healthy eating included in your program's overall mission and/or goals?

- Yes
- No

Page 2 - Question 4 - Choice - One Answer (Bullets)

[Mandatory]

Does your afterschool program have a healthy snack/food policy?

- Yes, we have a written policy only
- Yes, we have a verbal policy
- No, we do not have a policy

Page 2 - Question 5 - Choice - One Answer (Bullets)

[Mandatory]

Do you have a physical activity policy requiring daily physical activity?

- Yes, we have a written policy only
- Yes, we have a verbal policy
- No, we do not have a policy

Page 2 - Question 6 - Yes or No

[Mandatory]

Do you currently offer CATCH Kids Club (CKC)?

- Yes [Skip to 3]
- No [Skip to 4]

Page 3 - Question 7 - Choice - Multiple Answers (Bullets)

[Mandatory]

When do you offer CKC? (check all that apply)

- Before school
 - After school
 - Summer
 - Other, please specify
-

Page 3 - Question 8 - Rating Scale - Matrix

[Mandatory]

In a typical week, how many children participate in CKC?

| | 0 kids | 1-10 kids | 11-20 kids | 21-30 kids | 31-40 kids | 41-50 kids | Over 50 kids |
|---------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Before school | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |
| After school | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |
| Summer | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |
| Other | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |

Page 3 - Question 9 - Rating Scale - Matrix

[Mandatory]

In a typical week how many times per week do you offer CKC in the programs listed above?

| | Never | 1 Day | 2 Days | 3 Days | 4 Days | 5 Days |
|---------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Before school | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 |

| | | | | | | |
|--------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| After school | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 |
| Summer | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 |
| Other | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 |

Page 3 - Question 10 - Choice - Multiple Answers (Bullets)

[Mandatory]

What grades are included in your CKC program? (check all that apply)

- Kindergarten
- 1st grade
- 2nd grade
- 3rd grade
- 4th grade
- 5th grade

Page 3 - Question 11 - Choice - Multiple Answers (Bullets)

[Mandatory]

What do you perceive to be the benefits to kids from participating in CKC? (check all that apply)

- Kids spend more time being physically active in our program as a result of CKC
 - Kids spend more time in moderate to vigorous physical activity in our program as a result of CKC
 - More kids spend time being physically active in our program as a result of CKC
 - Kids have more opportunities to eat healthy foods (during our program) as a result of CKC
 - Other, please specify
-

Page 3 - Question 12 - Choice - One Answer (Bullets)

[Mandatory]

Are you using the CKC Nutrition Curriculum?

- No, we do not teach any nutrition
- No, we are teaching nutrition, but not using CKC curriculum
- No, but we are weaving nutrition messages into physical activity
- Yes, we are teaching lessons as outlined in the manual
- Yes, we are but hand picking a mix of lessons in the manual
- Yes, but we are only using the snack lessons

Page 3 - Question 13 - Choice - Multiple Answers (Bullets)

[Mandatory]

What have you/your program gained from working with the CKC program? (check all that apply)

- Ideas for modifying traditional games (i.e., to be more inclusive, non-elimination, and/or more active)
 - Ideas of how to provide a more supportive environment for healthy eating and physical activity
 - Ideas for healthy snacks
 - Ideas for teaching about healthy eating
 - Other, please specify
-

Page 3 - Question 14 - Choice - Multiple Answers (Bullets)

[Mandatory]

What are some of your challenges in coordinating/implementing CATCH Kids Club? (check all that apply)

- Lack of policies to support program philosophy [Skip to 5]
- Lack of staff or administrative support for program [Skip to 5]
- Staff turnover [Skip to 5]

- Lack of trained staff to lead activities [Skip to 5]
- Staff not comfortable leading physical activity [Skip to 5]
- Staff not comfortable leading nutrition lessons [Skip to 5]
- Games too “young” for older kids [Skip to 5]
- Lack of space [Skip to 5]
- Other, please specify

[Skip Unconditionally to 5]

Page 4 - Question 15 - Choice - Multiple Answers (Bullets)

[Mandatory]

Why is CKC not currently offered in your program? (check all that apply)

- Never used it
- Used it but stopped
- Lack of trained staff/Staff turnover
- Not enough time
- Competing programs
- Difficult to use program/confusing
- Staff were not comfortable leading physical activity programs
- Staff did not support the program
- Children did not enjoy the program

Page 5 - Question 16 - Choice - One Answer (Bullets)

[Mandatory]

If you have used the CKC program, how were you introduced to it?

- Foundation for Healthy Communities/Beth Gustafson Wheeler
- Keene Parks and Recreation/Andy Bohannon
- NH Recreation and Parks Association/NHRPA Conference
- PlusTime
- NHAPHERD/NHAPHERD Conference
- My local Healthy Eating Active Living (HEAL) Coalition
- Have not used the CKC program
- Other, please specify

Page 5 - Question 17 - Choice - Multiple Answers (Bullets)

[Mandatory]

Would you be interested in any of the following CATCH Kids Club Trainings in the future? (check all that apply)

- Full CATCH Kids Club training
- Small space activities
- Games for older kids
- Active nutrition games
- CATCHifying traditional games
- Grid Games (good for large groups)
- No thank you

Page 5 - Question 18 - Open Ended - Comments Box

Is there anything else you would like us to know about your experiences with the CKC program?

.....
.....
.....

Thank You Page

Thank you for your participation in this survey.

Screen Out Page

Standard

Over Quota Page

Standard

Survey Closed Page

Standard